



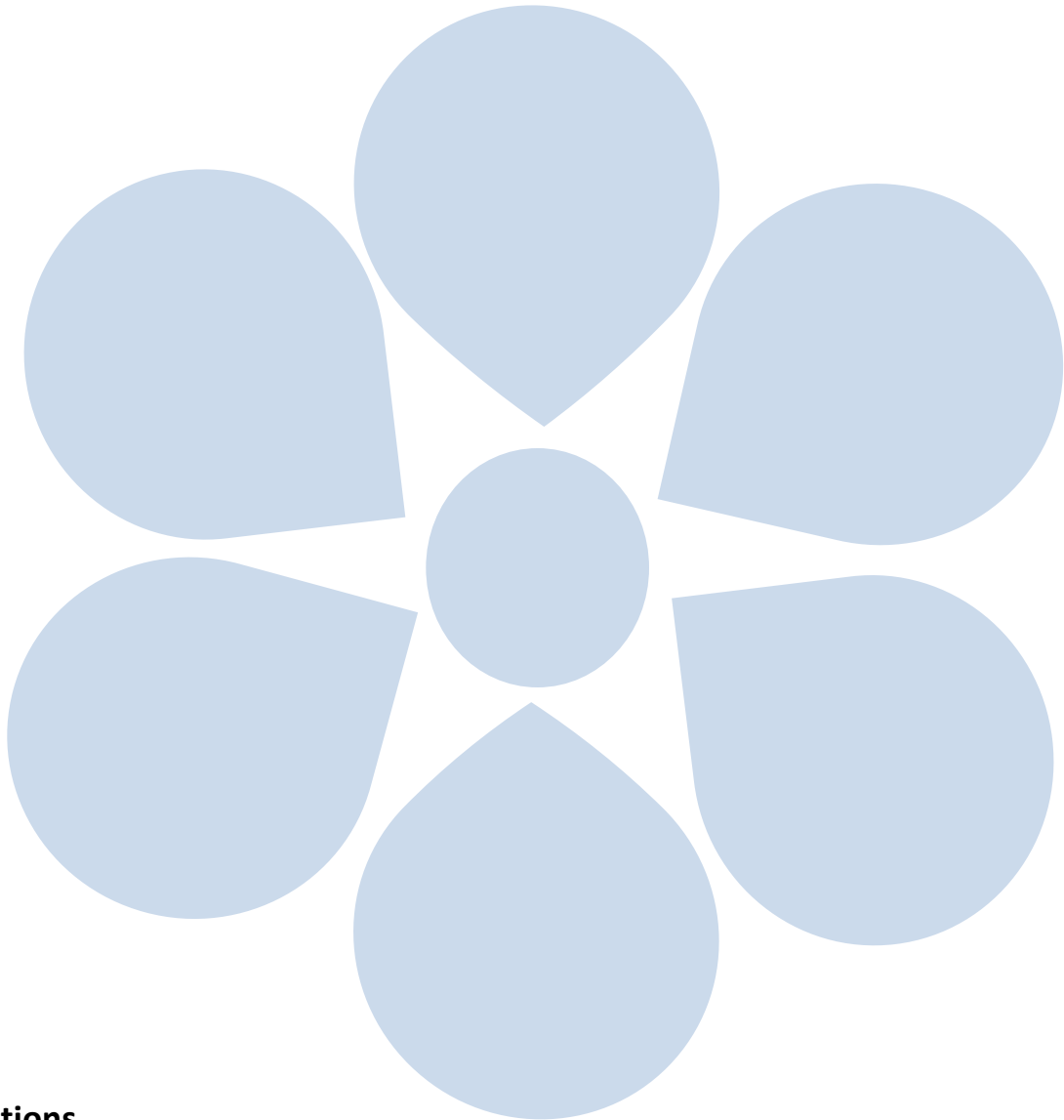
The National Center on  
Addiction and Substance Abuse

**Family Day**

*Be Involved. Stay Involved.®*

Celebrate *Family Day* - September 26, 2016

## THE GOOD DEED FLOWER



### Directions

1. Cut out the middle circle and 6 petals
2. Have your child write 1 good deed they promise to do on each petal
3. Staple or tape the petals to the circle or a paper plate
4. Hang the "Good Deed Flower" on the fridge
5. Every week (pick any day), you get to rip off a petal and your child gets to complete the good deed!