



The National Center on
Addiction and Substance Abuse

Family Day

Be Involved. Stay Involved.®

Celebrate **Family Day** - September 26, 2016

BE A *FAMILY DAY* STAR!

I pledge to be a *Family Day* **STAR** who:

S- Spends time with my kids

T- Talks to them about their friends, interests and the dangers of nicotine, alcohol, and other drugs

A- Answers their questions and listens to what they say

R- Recognizes that I have the power to help keep my kids substance-free

You can mail the attached sign up form to:

Family Day

The National Center on Addiction and Substance Abuse

633 Third Avenue, 19th Floor

New York, NY 10017

