



## Warm Spinach and Artichoke Dip

“This dip can be served on its own, with crackers, pita chips, crostini, or carrot sticks. It also works well on a panini with turkey or ham, or on pizza crust with grilled chicken!”

### Ingredients

- 1 cup mayonnaise
- 1 cup sour cream
- 1 10 oz. package of frozen spinach, defrosted
- 1 9 oz. jar of artichokes
- Grated rind and juice of half of a lemon
- 1 cup of freshly grated parmesan
- Salt and pepper to taste

### Directions

1. Preheat oven to 425°F.
2. Defrost spinach and wring out in a kitchen towel.
3. Drain and dry off the artichokes.
4. Mix mayo, sour cream, spinach, artichokes, lemon rind, lemon juice, and 1/2 cup of parm together in a bowl.
5. Add salt and pepper to taste.
6. Transfer to a casserole and spread the remaining 1/2 cup of parm on top.
7. Bake 20-25 min or until bubbly.
8. Let cool slightly before serving.

Recipe by *Family Day* Chef Melissa Buchbinder: [www.thepinkaproncatering.com](http://www.thepinkaproncatering.com)

